



# Active & *healthy*

## Free promotion opportunity

### Do you want to increase the awareness of the programs & activities you run on the Gold Coast?

Are you are running affordable activities and programs that encourage people to lead an active and healthy lifestyle? If so then apply to have your activities listed in the next 'Active and Healthy Citywide Booklet'.

The activities and programs must run from July 2010 to June 2011 and sport/recreation clubs, community organisations or businesses can take advantage of this opportunity.

The Council's Active and Healthy Citywide Program provides a range of free or low cost activities in local parks across the City that cater for children, adults, young people, seniors, mums and bubs, families and people with a disability. The current program can be viewed at [www.goldcoastcity.com.au/activehealthygc](http://www.goldcoastcity.com.au/activehealthygc).

Examples of the type of activities and programs include 'come and try' days, regular low cost fitness or community activities in halls, studios etc, family fun days, expos and events.

#### To be included in the program your club/business etc must have:

- Sufficient qualifications in your professional field and experience delivering group based programs/activities for the community
- Affordable rates
- Current first aid certificate
- Current commission for children blue card (if working with children)
- \$10 million public liability insurance (Organisations or businesses)

#### Please consider the following before applying:

1. Active & Healthy citywide program will run from July 2010 to June 2011, so please plan accordingly .
2. The cost to participate in the activity or program needs to be affordable ie \$10 or under per hour.

#### To get your activity or program listed in the Active and Healthy Program you are required to:

1. Visit [www.goldcoastcity.com.au/activehealthygc](http://www.goldcoastcity.com.au/activehealthygc) to download a copy of the Free Promotion Active and Healthy Citywide Program 2009/10 form.
2. Complete the form and email it to [activehealthygc@goldcoast.qld.gov.au](mailto:activehealthygc@goldcoast.qld.gov.au) by 4.00pm Friday 5 March 2010.
3. Once your application is received the Active and Healthy Team will contact you within a month.

For further information contact the Active and Healthy Team on [activehealthygc@goldcoast.qld.gov.au](mailto:activehealthygc@goldcoast.qld.gov.au)

[goldcoastcity.com.au/parks](http://goldcoastcity.com.au/parks)